



**Neighborhood  
Health Plan™**

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**FOR IMMEDIATE RELEASE**

**Neighborhood Health Plan Names Anton B. Dodek, M.D.  
Company's New Chief Medical Officer**

*Brings more than 25 years of experience as health care leader*

**December 22, 2016 (BOSTON)** – Neighborhood Health Plan (NHP) today announced the appointment of veteran senior physician executive Anton B. Dodek, M.D. as the company's new Chief Medical Officer (CMO), effective January 9, 2017.

As CMO, Dodek is responsible for providing strategic leadership in NHP's care management, disease management, pharmacy, and cost trend mitigation programs. A board-certified pediatrician, Dodek has more than 25 years of experience as a clinician and health plan medical director. Most recently, he served as Associate CMO at Blue Cross Blue Shield of Massachusetts where he was lead clinician in charge of Medicare operations and the Alternative Quality Contract, a market-leading risk-sharing initiative to reduce costs and improve quality.

Dodek replaces NHP's long-serving CMO Dr. Paul Mendis, who will take on new responsibilities as Senior Vice President for Medical Affairs at NHP to focus on behavioral health, substance use disorders, health equity and community benefits until his planned retirement in the next few years.

"Tony Dodek brings to the NHP team a wealth of expertise in clinical quality improvement, pharmacy and cost trend management, as well as a passion for providing high-quality and accessible care to members," said President and CEO David Segal. "Paul Mendis leaves a proud legacy in our industry as well as big shoes to fill. But we are very fortunate to have found a worthy successor in Tony Dodek, who will benefit from the experience of Paul Mendis during the transition and do a wonderful job leading our clinical team."

In past positions, Dodek led efforts with a team to implement a first-in-the-nation opioid management program that reduced the number of narcotic prescriptions by more than 21 million doses in three years. He successfully reduced the medical cost trend from 11% to 3.6% in five years while improving performance in clinical

process measures, patient satisfaction, and outcome measures. Changes in pharmacy policies also produced annual savings exceeding \$30 million.

A past recipient of the Commonwealth's Citation for Outstanding Performance, Dodek was active in the Chernobyl Children's Project for six years, frequently traveling to Russia to treat children affected by Chernobyl nuclear accident as well as helping to coordinate summer visits of these children to the Boston area.

### **About NHP**

Neighborhood Health Plan ([NHP](#)) is an NCQA-accredited, not-for-profit health plan that provides coverage to over 430,000 commercial and MassHealth members. For more than 30 years, employers, individuals, and families across Massachusetts have turned to NHP for health care coverage that is both high-quality and affordable. NHP is known for plans that are easy-to-understand and manage. Members have access to a robust network of top doctors, community health centers, and academic and regional hospitals. Founded in 1986 with a commitment to promote health equity for members within the diverse communities we serve, NHP's service and care management programs today continue the tradition of personalized and high-quality care. NHP is a member of Partners HealthCare.